

BRACKENSDALE INFANT SCHOOL

PHYSICAL EDUCATION POLICY

Date of Policy	Autumn 2014
To be reviewed	Autumn 2016
Member of Staff responsible for the Policy	T Farrell

Aims:

Pupils will be encouraged to develop positive attitudes to physical activity.

Pupils will acquire and develop skills, performing with increasing physical competence and confidence in the key areas of games, gymnastics and dance.

To promote fitness and a healthy lifestyle by understanding the effects of exercise on the body and to value the importance of physical activity.

The PE Curriculum:

We aim to provide a well-balanced curriculum which covers the requirements for the Early Years Foundation Stage and the PE National Curriculum. The Early Learning Goals for physical development expect children to show good control and co-ordination and move confidently.

The new National Curriculum (2014) places emphasis on the children mastering fundamental movement skills and developing balance, agility and co-ordination. That children become increasingly competent and confident and engage in competitive physical activities.

In both foundation stage one and two, opportunities are provided for the children to be active and to develop balance, control and co-ordination. These opportunities are delivered through a PE session each week and outdoor physical activity. Combined these activities amount to at least two hours per week.

In key stage one the children engage in two hours of PE during the course of the week. Games is planned and delivered using the Rawmarsh Scheme of Work. A new games resource is being developed by Derby SSP and will be introduced

into school in the near future (January 2015). Gymnastics is planned and delivered using The Derby City Approach to Gymnastics and the Derby City SSP Gymnastics Units of Work. There is also the Rawmarsh Scheme for reference. Dance is planned and delivered using the Derby City SSP Dance Scheme of Work. The PE curriculum map ensures a balanced delivery of the key areas of games, gymnastics and dance. There is a PE curriculum map for both foundation stage 2 and key stage 1.

Opportunities are provided for all pupils to experience:

- . Quality teaching.
- . Delivery of the curriculum through a variety of teaching methods.
- . Participation in physical activity through individual, paired, group and team work.
- . Exploration of a range of physical activities by watching, practising, experimenting and performing using a variety of resources to develop skills and creativity.
- . To discuss, evaluate and improve their ideas, movement and skills.

Planning and Organisation:

Planning is in accordance with the National Curriculum, Early Years Foundation Stage and the PE schemes of work. A balanced long term curriculum plan is provided through curriculum maps for both foundation stage 2 and key stage 1. Medium term plans are provided by the schemes of work for gym, dance and games and these are identified on medium term topic plans.

Equal Opportunities and Inclusion:

Physical Education is delivered taking into consideration differences of gender, language, disability, race and religion. The needs of the pupils with special educational needs and disabilities are met by individual plans. The use of signs and symbols and additional support is provided by Teaching Assistants.

Safety and Health:

Before pupils can participate in PE lessons pupils must:

. Remove all jewellery, watches and earrings. Pupils who cannot remove earrings themselves, must have them removed at home, as staff are unable to do so. All other jewellery must be removed, the Sikh bangle must be covered with a wrist sweat band.

. Tie up long hair.

. Wear appropriate PE kit

INDOOR: shorts, T-shirts and pumps.

OUTDOOR: T-shirt, sweatshirt, leggings or jogging bottoms or tracksuits and trainers.

GYMNASTICS AND DANCE: Bare feet are required for these activities.

There are spare t-shirts, shorts and pumps in the medical room. Pupils not having their PE kit in school is not an acceptable reason for non-participation.

Staff are able to refer to the afPE safe practice guide, which is on the shelf in the staffroom.

Staffing:

The PE co-ordinator is Tracey Farrell.

The Headteacher has overall responsibility for the delivery of the National Curriculum and Early Years Foundation Stage which includes Physical Education.

The Physical Education Co-ordinator has responsibility for Physical Education in the curriculum. Class teachers are responsible for the teaching and assessment of Physical Education to the pupils in their class.

Assessment of Attainment:

All teachers carry out their own observational assessments of pupils that then inform their future planning. Work is currently being undertaken to devise more formal assessment and to introduce this to staff. A dance assessment has been

introduced in school and the Co-ordinator is currently part of a PE working party to try to develop assessment ideas that can be used in schools.

CPD Opportunities:

The PE Co-ordinator will offer support, guidance and staff development opportunities to all staff. Derby City SSP offer a variety of training opportunities and staff are able to attend courses.

Other Additional Physical Activities:

Throughout the year the school offers a broad range of OSHL clubs both at lunchtime and after school. All activities are run either by staff or coaches. At lunchtimes key stage 1 pupils have access to a games workshop and team games lead by trained mini-leaders.

Children in foundation stage 1 have access to outdoor learning for 50% of the time. There are opportunities for the children to engage in physical activity.

Children in foundation stage 2 have an outdoor learning session from 10.30 am - 11 am, where for part of the time, there is opportunity for physical activity. They have 35 minutes of play at dinnertime and they often have a 10 minute playtime in the afternoon.

Children in key stage 1 have a 10-15 minute playtime and 35 minutes of play at lunchtime when they can be physically active.

Children have 10 minutes of daily physical activity at some point in the school day.

